

**Three Centers conveniently
located near you**

- Evening hours.
- Weekend hours in Leeds
from 9:00 to 12:00 PM
Saturday and Sunday
mornings.

Center Hours :

Leeds

Monday-Friday 8:30 AM-5PM
Monday & Thursday
Evenings until 7:15 PM
Saturday/Sunday
9:00AM-12:00PM
Lab hours: Monday-Friday
7:30 AM

Turner

Monday-Friday 8:30 AM-5:00 PM
Wednesday evenings until 7:15 PM
Lab Hours : Monday-Friday
7:30 AM

Monmouth

Monday-Friday 8:30 AM-5:00 PM
Tuesday evenings until 7:15 PM
Lab Hours: Monday-Friday
7:30 AM

DFD Russell Medical Centers
have primary care doctors
on call 24 hours a day,
7 days a week

Resource information:

Maine Care Member Services:
1-800-321-5557

MEDICARE
1-800-Medicare (633-2273)

Maine Care medical transportation
Community Concepts
1-877-603-0594 or 795-6073

Tobacco Hotline:
1-800-207-1230

Crisis Hotline
1-888-568-1112

American Cancer Society:
(207) 373-3700
www.cancer.org

Abused Women's Advocacy
Program
AWAP
1-800-559-2927

First Call, 211
1-800-337-4042

Poison Control
1-800-222-1222

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Updated 4.15.09



*A Federally Qualified health center
serving the community since 1979*

Leeds Community health center
180 Church Hill Road
Leeds, Me 04263
524-3501

Turner Community health center
7 South Main St.
Turner, ME 04282
225-2676

Monmouth
Community health center
11 Academy Road
Monmouth, ME 04259
933-9646

Request refills for medications using the
web
www.dfdrussell.org

The DFD Russell Medical Centers

In 1976, concerned residents founded DFD Russell Medical Center in Leeds.

Since then DFD Russell Medical Center has expanded the operation to three community health centers that serve surrounding towns and the communities we call home. Each of the three health centers are linked together by an (EMR) electronic medical records system. The EMR allows patients access to quality health care services when visiting any of the three locations.

DFDR provide primary Care

DFD Russell Medical Centers provide a complete range of primary and pediatric care, along with minor surgery and laboratory services at each medical center. We offer health care on a sliding fee payment scale.

Five Physicians, two Nurse Practitioners, and two Physician Assistants provide primary care services.

Our highly trained, licensed medical professionals are experienced in meeting the health needs of members of our diverse rural community.

Behavioral Health Program

Behavioral health services are part of the primary care services offered at DFD Russell Medical Centers. Behavioral Health care specialists are available at each site

In addition, work closely with primary care providers to provide treatment for the whole person. There is no extra co-payment out of pocket for this service. Patients have the advantage of their medical doctors working closely with our behavioral health consultants as a team.

Care Management Program

The Care Manager works closely with your Primary Care team to assist in managing medical concerns, offer suggestions and support to improve their health and ensure that each patient has the support and access to services they need to manage their ongoing good health.

Patient Assistance Program

The Patient Assistance Program works with you to eliminate obstacles so that you or your family may receive quality health care. Our Patient Assistance Coordinator can assist you in understanding your current insurance coverage or locate community support programs that assist in paying costs associated with medical care and prescription medications, locate many other resources including transportation, housing and nutrition programs.

The Safe at any Dose Program

- *From 1993-1998 the highest frequency of at home medication errors resulting in death (according to the FDA)*

Our Safe Dose nurse works as a member of the health care team helping patients understand their medications, and how to take them safely. She assists patients by providing medication education following a hospital discharge or at the request of the patient or their doctor.

The educational session may be completed in the patient's home, provider's office or by telephone.

This service is provided free of charge to DFD Russell Medical Center patients.