

Three Centers conveniently located

- Evening hours
- Weekend hours in Leeds

Health Center Hours:

Leeds

Monday-Friday 8:30 AM-5:00 PM

Evenings Monday & Thursday
until 7:15 PM

Lab hours: Monday-Friday 7:30 AM

Saturday/Sunday 9:00 AM-12:00 PM

Turner

Monday-Friday 8:30 AM-5:00 PM

Wednesday evenings until 7:15 PM

Lab hours: Monday-Friday 7:30 AM

Monmouth

Monday-Friday 8:30 AM-5:00 PM

Tuesday evenings until 7:15 PM

Lab hours: Monday-Friday 7:30 AM

**Primary care doctors
on call 24 hours a day,
7 days a week**

Call : 524-3501

Resource information:

Maine Center for Disease Control
<http://www.maine.gov/dhhs/boh/index.shtml>

Tobacco Hotline:
1-800-207-1230

Crisis Hotline
1-888-568-1112

First Call, 211
Statewide-directory of over 5000
health and human resource services in Maine
communities
1-800-337-4042

Poison Control
1-800-222-1222

**Eating Disorder Prevention and
Treatment in Maine**
<http://www.maine.gov/dhhs/bohdcfh/tya/feb07.html>



*A Federally Qualified Health Center
serving the community since 1979*

Leeds
Community Health Center
180 Church Hill Road
Leeds, Me 04263
524-3501

Turner
Community Health Center
7 South Main St.
Turner, ME 04282
225-2676

Monmouth
Community Health Center
11 Academy Road
Monmouth, ME 04259
933-9646

www.dfdrussell.org

DFD Russell Medical Centers

DFD Russell Medical Center (DFDR) is a Rural Community Health Center. We provide family health care to the communities in and around Leeds, Monmouth and Turner, Maine.

Our mission is to ensure that everyone in the communities we serve has access to the highest quality primary health care, regardless of ability to pay.

Primary Care at DFDR

DFD Russell Medical Centers provide a complete range of primary health care to family members of all ages. We offer health care on a sliding fee payment scale to those who qualify.

Our Health Care Team

Our provider team includes 5 doctors, 2 nurse practitioners, 2 physician assistants and 3 behavioral health specialists. Our committed and caring provider staff have contributed to nearly 120 years of combined DFDR service.

DFDR also provides patient support services through care management, patient assistance, nutrition counseling, patient education and medication management.

DFDR services available to area school children

DFDR will provide school physicals to DFDR patients with:

- ▶ a filled out registration form,
- ▶ insurance card and
- ▶ \$ 40 fee, if insurance is not used

DFDR will provide school physicals to non-DFDR patients with:

- ▶ a filled out registration form,
- ▶ up to date immunization record and
- ▶ \$ 40 fee

School physicals are the only service available to non-DFDR patients.

Discussion and/or medical decision making regarding a particular student can only take place with the student's parent or legal guardian. The student needs to be a DFDR patient.

School staff immunizations

DFDR will work with school officials to assist with administering immunizations to area school staff. DFDR will communicate current per-person immunization costs and available times for administration with the school nurse or designated school official. If the cost and available time are agreeable to the requesting school, plans will be made for administration of the vaccine.

Behavioral Health Program

Behavioral health specialists at DFDR are available at all 3 health center sites. As part of the DFDR provider team they work closely with primary care providers. Behavioral health specialists help people create the highest level of physical, emotional and spiritual wellbeing possible.

Care Management Program

The Care Manager at DFDR works closely with patients to improve their health. She provides clinical support to help patients manage their health care needs.

Patient Assistance Program

The Patient Assistance Program works with patients to help eliminate obstacles to care. Our Patient Assistance Coordinator assists patients in obtaining and understanding services available to them. She seeks available services and programs to meet the health care needs of DFDR patients.

Safe at any Dose Program

Our Safe Dose nurse helps patients understand their medications, and how to take them safely. She assists patients by providing medication education following a hospital discharge or at the request of the patient or their provider.